

Dąbrówka 2026-05-31

| Nr. | Imię i nazwisko | Klub | OPEN | Płeć | M | Kat. | kat. dodatkowe | tempo | Netto | Brutto | kara | Wynik | |
|---------------|-------------------------------|---------------------------------------------|------|------|---|----------------|----------------|---------------------------|-------------|----------|----------|---------|---------|
| 7,5 km | | | | | | | | | | | | | |
| 1 | 595 Mielecka Agnieszka | POLIPACK TEAM GWE (Gaśawa) | | 1 | K | 1. (K50-59) | OPEN | 6:19 min/km | 00:47:26 | 00:47:26 | | 0:47:26 | |
| 2 | 560 Woroch Roman | (Dopiewo) | | 2 | M | 1. (M60-69) | OPEN | Gmina. (1M) | 6:27 min/km | 00:48:23 | 00:48:25 | | 0:48:25 |
| 3 | 593 Słezak Ewa | Nordic Walking Kiekrz Poland (Biedrusko) | | 3 | K | 2. (K40-49) | OPEN | | 6:28 min/km | 00:48:36 | 00:48:36 | | 0:48:36 |
| 4 | 508 Gudzio Maciej | Nordic Walking Kiekrz Poland (Czerwonak) | | 4 | M | 2. (M60-69) | OPEN | | 6:41 min/km | 00:50:12 | 00:50:12 | | 0:50:12 |
| 5 | 615 Trzcielińska-Sołtysiak | (Kłoda) | | 5 | K | 3. (K30-39) | OPEN | | 6:42 min/km | 00:50:15 | 00:50:16 | | 0:50:16 |
| 6 | 539 Kalek Karolina | Stare Bojanowo :) (Stare Bojanowo) | | 6 | K | 4. (K40-49) | 1 | | 6:46 min/km | 00:50:51 | 00:50:52 | | 0:50:52 |
| 7 | 660 Kontowska Izabella | (Oborniki) | | 7 | K | 5. (K40-49) | 2 | | 6:49 min/km | 00:51:14 | 00:51:16 | | 0:51:16 |
| 8 | 692 Guzek Jacek | (Nowy Tomyśl) | | 8 | M | 3. (M50-59) | OPEN | | 6:52 min/km | 00:51:37 | 00:51:37 | | 0:51:37 |
| 9 | 614 Domagała Monika | Fundacja Soda (Żnin) | | 9 | K | 6. (K40-49) | 3 | | 6:53 min/km | 00:51:44 | 00:51:44 | | 0:51:44 |
| 10 | 572 Nowak Agata | Nordic Walking Kiekrz Poland (Rokietnica) | | 10 | K | 7. (K40-49) | 4 | | 6:54 min/km | 00:51:46 | 00:51:46 | | 0:51:46 |
| 11 | 526 Sieracka Kasia | Nordic Walking Kiekrz Poland (Leszno) | | 11 | K | 8. (K60-69) | 1 | | 6:55 min/km | 00:51:56 | 00:51:57 | | 0:51:57 |
| 12 | 664 Skrzypczak Remigiusz | (Gaj Wielki) | | 12 | M | 4. (M40-49) | 1 | | 6:56 min/km | 00:52:00 | 00:52:02 | | 0:52:02 |
| 13 | 605 Stachowiak Tomasz | STĘSZEW TEAM (Konarzewo) | | 13 | M | 5. (M40-49) | 2 | Gmina. (2M) | 6:56 min/km | 00:52:05 | 00:52:10 | | 0:52:10 |
| 14 | 522 Chróst Dawid | STĘSZEW TEAM (Stęszew) | | 14 | M | 6. (M20-29) | 1 | | 6:57 min/km | 00:52:10 | 00:52:10 | | 0:52:10 |
| 15 | 518 Kromski Paweł | Nordic Walking Kiekrz Poland (Rokietnica) | | 15 | M | 7. (M50-59) | 1 | | 6:58 min/km | 00:52:16 | 00:52:16 | | 0:52:16 |
| 16 | 604 Zieliński Piotr | STĘSZEW TEAM (Stęszew) | | 16 | M | 8. (M70+) | 1 | | 6:58 min/km | 00:52:18 | 00:52:21 | | 0:52:21 |
| 17 | 647 Balcerzyk Agnieszka | Nordic Walking Kiekrz Poland (Chyby) | | 17 | K | 9. (K40-49) | 5 | | 6:59 min/km | 00:52:23 | 00:52:23 | | 0:52:23 |
| 18 | 679 Nowicka Agnieszka | Nordic Walking Kiekrz Poland (Krzyszczkowo) | | 18 | K | 10. (K50-59) | 1 | | 6:59 min/km | 00:52:22 | 00:52:24 | | 0:52:24 |
| 19 | 682 Gabrylewicz Kasia | Marsz Po Zdrowie (Winna) | | 19 | K | 11. (K40-49) | 6 | | 7:02 min/km | 00:52:45 | 00:52:45 | | 0:52:45 |
| 20 | 676 Maciejewska Kamila | Rogoziński Klub Nordic Walking (Skoki) | | 20 | K | 12. (K50-59) | 2 | | 7:01 min/km | 00:52:42 | 00:52:45 | | 0:52:45 |
| 21 | 528 Bojanowski Marcin | Nordic Walking Kiekrz Poland (Oborniki) | | 21 | M | 9. (M40-49) | 3 | | 7:00 min/km | 00:52:37 | 00:52:46 | | 0:52:46 |
| 22 | 566 Żuchowski Mateusz | UKS GIMNAZJON Suchy Las (Biedrusko) | | 22 | M | 10. (M16-19) | 1 | | 6:58 min/km | 00:52:20 | 00:52:48 | | 0:52:48 |
| 23 | 533 Stanisławski Jan | Nordic Walking Kiekrz Poland (Ptasia) | | 23 | M | 11. (M60-69) | 1 | | 7:03 min/km | 00:52:58 | 00:52:59 | | 0:52:59 |
| 24 | 540 Dudzińska Małgorzata | Bruszczevo :) (Bruszczevo) | | 24 | K | 13. (K50-59) | 3 | | 7:03 min/km | 00:52:59 | 00:53:00 | | 0:53:00 |
| 25 | 538 Jaskiewicz Kazimierz | Chelkowo :) (Chelkowo) | | 25 | M | 12. (M60-69) | 2 | | 7:07 min/km | 00:53:24 | 00:53:26 | | 0:53:26 |
| 26 | 688 Jankowiak Michał | STĘSZEW TEAM (Czempiń) | | 26 | M | 13. (M50-59) | 2 | Miasto. (1M) Gmina. (3M) | 7:15 min/km | 00:54:27 | 00:54:29 | | 0:54:29 |
| 27 | 663 Skrzypczak Ania | (Gaj Wielki) | | 27 | K | 14. (K40-49) | 7 | | 7:15 min/km | 00:54:28 | 00:54:29 | | 0:54:29 |
| 28 | 537 Bąkiewicz Ewelina | (Dąbrówka) | | 28 | K | 15. (K40-49) | 8 | Gmina. (1K) | 7:16 min/km | 00:54:33 | 00:54:39 | | 0:54:39 |
| 29 | 521 Tomczak Jarosław | STĘSZEW TEAM (Stęszew) | | 29 | M | 14. (M50-59) | 3 | | 7:16 min/km | 00:54:35 | 00:54:40 | | 0:54:40 |
| 30 | 644 Zmitrowicz Barbara | Marsz Po Zdrowie (Borówiec) | | 30 | K | 16. (K60-69) | 2 | | 7:17 min/km | 00:54:44 | 00:54:44 | | 0:54:44 |
| 31 | 516 Dwornik Michał | (Paproc) | | 31 | M | 15. (M30-39) | 1 | | 7:18 min/km | 00:54:49 | 00:54:52 | | 0:54:52 |
| 32 | 551 Krajewski Maciej | Nordic Walking Kiekrz Poland (Poznań) | | 32 | M | 16. (M50-59) | 4 | | 7:20 min/km | 00:55:02 | 00:55:05 | | 0:55:05 |
| 33 | 524 Krzywosądzki Klemens | (Skórzewo) | | 33 | M | 17. (M40-49) | 4 | Gmina. (4M) | 7:23 min/km | 00:55:28 | 00:55:32 | | 0:55:32 |
| 34 | 509 Gzielo Marcin | Nordic Walking Kiekrz Poland (Rokietnica) | | 34 | M | 18. (M50-59) | 5 | | 7:24 min/km | 00:55:30 | 00:55:37 | | 0:55:37 |
| 35 | 619 Stachowiak Magdalena | STĘSZEW TEAM (Konarzewo) | | 35 | K | 17. (K40-49) | 9 | Gmina. (2K) | 7:25 min/km | 00:55:40 | 00:55:40 | | 0:55:40 |
| 36 | 529 Ziegler Barbara | (Lipno) | | 36 | K | 18. (K70+) | 1 | | 7:26 min/km | 00:55:46 | 00:55:47 | | 0:55:47 |
| 37 | 607 Makowski Bogdan | (Szreniawa) | | 37 | M | 19. (M60-69) | 3 | | 7:28 min/km | 00:56:02 | 00:56:12 | | 0:56:12 |
| 38 | 645 Felcyn Anna | Fundacja Soda (Gorzyce) | | 38 | K | 19. (K40-49) | 10 | | 7:30 min/km | 00:56:16 | 00:56:18 | | 0:56:18 |
| 39 | 552 Dewicka Katarzyna | Nordic Walking Kiekrz Poland (Koziegłowy) | | 39 | K | 20. (K50-59) | 4 | | 7:30 min/km | 00:56:16 | 00:56:18 | | 0:56:18 |
| 40 | 632 Rochatka Ryszard | (Dąbrówka) | | 40 | M | 20. (M70+) | 2 | Gmina. (5M) | 7:31 min/km | 00:56:29 | 00:56:44 | | 0:56:44 |
| 41 | 649 Kielczewski Piotr | Paniusie (Goluski) | | 41 | M | 21. (M40-49) | 5 | Gmina. (6M) | 7:34 min/km | 00:56:48 | 00:56:54 | | 0:56:54 |
| 42 | 689 Jaśkowski Patryk | NORDIC SPORT 2021 (Kościan) | | 42 | M | 22. (M40-49) | 6 | | 7:34 min/km | 00:56:49 | 00:56:55 | | 0:56:55 |
| 43 | 668 Przymusiński Piotr | Marsz Po Zdrowie (Poznań) | | 43 | M | 23. (M70+) | 3 | | 7:36 min/km | 00:57:01 | 00:57:02 | | 0:57:02 |
| 44 | 507 Postek Danuta | Zielone Groszki (Poznań) | | 44 | K | 21. (K60-69) | 3 | | 7:36 min/km | 00:57:05 | 00:57:05 | | 0:57:05 |
| 45 | 517 Ewertowska Ewa | Nordic Walking Kiekrz Poland (Kiekrz) | | 45 | K | 22. (K50-59) | 5 | | 7:39 min/km | 00:57:25 | 00:57:27 | | 0:57:27 |
| 46 | 674 Brotkiewicz Mariusz | NORDIC SPORT 2021 (Poznań) | | 46 | M | 24. (M50-59) | 6 | | 7:39 min/km | 00:57:23 | 00:57:27 | | 0:57:27 |
| 47 | 694 Skrzypnik Krzysztof | (Chartów) | | 47 | M | 25. (M50-59) | 7 | | 7:38 min/km | 00:57:21 | 00:57:30 | | 0:57:30 |
| 48 | 680 Kozłowski Maciej | (Leszno) | | 48 | M | 26. (M60-69) | 4 | | 7:39 min/km | 00:57:29 | 00:57:32 | | 0:57:32 |
| 49 | 601 Grabowska Anita | (Więckowice) | | 49 | K | 23. (K50-59) | 6 | Gmina. (3K) | 7:41 min/km | 00:57:40 | 00:57:46 | | 0:57:46 |
| 50 | 542 Krysztofiak Czesław | Fundacja Soda (Gaśawa) | | 50 | M | 27. (M70+) | 4 | | 7:44 min/km | 00:58:03 | 00:58:04 | | 0:58:04 |
| 51 | 531 Skowrońska Joanna | Team Bantusia (Dopiewiec) | | 51 | K | 24. (K30-39) | 1 | Gmina. (4K) | 7:45 min/km | 00:58:08 | 00:58:16 | | 0:58:16 |
| 52 | 657 Wójcik Jacek | STĘSZEW TEAM (Stęszew) | | 52 | M | 28. (M60-69) | 5 | | 7:44 min/km | 00:58:06 | 00:58:18 | | 0:58:18 |
| 53 | 513 Lubińska Aleksandra | (Dąbrówka) | | 53 | K | 25. (K50-59) | 7 | Gmina. (5K) | 7:47 min/km | 00:58:24 | 00:58:27 | | 0:58:27 |
| 54 | 574 Szepeta-Wisniewska Joanna | Marsz Po Zdrowie (Czapury) | | 54 | K | 26. (K50-59) | 8 | | 7:46 min/km | 00:58:22 | 00:58:27 | | 0:58:27 |
| 55 | 592 Matysiak Barbara | Nordic Walking Kiekrz Poland (Napachanie) | | 55 | K | 27. (K60-69) | 4 | | 7:47 min/km | 00:58:28 | 00:58:32 | | 0:58:32 |
| 56 | 559 Gendera Ewa | Night Runners (Poznań) | | 56 | K | 28. (K50-59) | 9 | | 7:49 min/km | 00:58:42 | 00:58:46 | | 0:58:46 |
| 57 | 631 Krzemienak Marcin | PZG Szczecin (Szczecin) | | 57 | M | 29. (M30-39) | 2 | Niepeł.(1M) | 7:51 min/km | 00:58:57 | 00:58:59 | | 0:58:59 |
| 58 | 658 Jankowski Grzegorz | STĘSZEW TEAM (Witobel) | | 58 | M | 30. (M60-69) | 6 | | 7:51 min/km | 00:58:53 | 00:59:03 | | 0:59:03 |
| 59 | 565 Żuchowska Joanna | UKS GIMNAZJON Suchy Las (Biedrusko) | | 59 | K | 29. (K40-49) | 11 | | 7:48 min/km | 00:58:36 | 00:59:04 | | 0:59:04 |
| 60 | 519 Dukowicz Karolina | (Dąbrówka) | | 60 | K | 30. (K50-59) | 10 | Miasto. (1K) Gmina. (6K) | 7:52 min/km | 00:59:04 | 00:59:05 | | 0:59:05 |
| 61 | 515 Przydanek Małgorzata | (Konarzewo) | | 61 | K | 31. (K50-59) | 11 | Gmina. (7K) | 7:54 min/km | 00:59:21 | 00:59:24 | | 0:59:24 |
| 62 | 606 Gałkowska Elżbieta | (Tuczno) | | 62 | K | 32. (K70+) | 2 | | 7:55 min/km | 00:59:26 | 00:59:30 | | 0:59:30 |
| 63 | 666 Wojtkowiak Agnieszka | (Przeźmierowo) | | 63 | K | 33. (K30-39) | 2 | | 7:55 min/km | 00:59:25 | 00:59:35 | | 0:59:35 |
| 64 | 696 Czerwiński Dariusz | (Mosina) | | 64 | M | 31. (M40-49) | 7 | | 7:56 min/km | 00:59:32 | 00:59:46 | | 0:59:46 |
| 65 | 502 Gil Wiesław | Nordic Walking Kiekrz Poland (Luboń) | | 65 | M | 32. (M60-69) | 7 | | 8:01 min/km | 01:00:12 | 01:00:15 | | 1:00:15 |
| 66 | 656 Rolnik Kinga | (Dąbrowa) | | 66 | K | 34. (K40-49) | 12 | Gmina. (8K) | 8:01 min/km | 01:00:10 | 01:00:24 | | 1:00:24 |
| 67 | 514 Jarczewska Marlena | (Nowy Tomyśl) | | 67 | K | 35. (K50-59) | 12 | | 8:03 min/km | 01:00:23 | 01:00:24 | | 1:00:24 |
| 68 | 567 Żuchowski Rafał | UKS GIMNAZJON Suchy Las (Biedrusko) | | 68 | M | 33. (M40-49) | 8 | | 7:59 min/km | 00:59:56 | 01:00:25 | | 1:00:25 |
| 69 | 610 Górczyńska Joanna | (Dąbrówka) | | 69 | K | 36. (K50-59) | 13 | Miasto. (2K) Gmina. (9K) | 8:03 min/km | 01:00:26 | 01:00:39 | | 1:00:39 |
| 70 | 633 Palicka Grażyna | Fundacja Soda (Żnin) | | 70 | K | 37. (K60-69) | 5 | | 8:05 min/km | 01:00:44 | 01:00:45 | | 1:00:45 |
| 71 | 501 Farynowicz Piotr | Wataha Bogdaniec (Jenin) | | 71 | M | 34. (M50-59) | 8 | | 8:06 min/km | 01:00:50 | 01:00:57 | | 1:00:57 |
| 72 | 646 Piduch Jan | (Poznań) | | 72 | M | 35. (M70+) | 5 | | 8:07 min/km | 01:00:54 | 01:00:59 | | 1:00:59 |
| 73 | 642 Zielińska Anna | Fundacja Soda (Żnin) | | 73 | K | 38. (K40-49) | 13 | | 8:09 min/km | 01:01:11 | 01:01:13 | | 1:01:13 |
| 74 | 527 Bartkowska Karolina | (Dąbrówka) | | 74 | K | 39. (K40-49) | 14 | Miasto. (3K) Gmina. (11K) | 8:12 min/km | 01:01:31 | 01:01:35 | | 1:01:35 |
| 75 | 549 Bładun Aneta | (Skórzewo) | | 75 | K | 40. (K40-49) | 15 | Gmina. (10K) | 8:12 min/km | 01:01:30 | 01:01:36 | | 1:01:36 |
| 76 | 573 Kowalik Andrzej | (Dąbrówka) | | 76 | M | 36. (M70+) | 6 | Miasto. (2M) Gmina. (7M) | 8:11 min/km | 01:01:29 | 01:01:36 | | 1:01:36 |
| 77 | 580 Raczak Beata | (Więckowice) | | 77 | K | 41. (K50-59) | 14 | Gmina. (12K) | 8:16 min/km | 01:02:02 | 01:02:02 | | 1:02:02 |
| 78 | 581 Wojnarowska Barbara | (Sierosław) | | 78 | K | 42. (K50-59) | 15 | | 8:15 min/km | 01:01: | | | |

Bieg o Koronę Księżnej Dąbrówki 2026 - 7,5 km

Dąbrówka 2026-05-31



| Nr. | Imię i nazwisko | Klub | OPEN | Płeć | M | Kat. | kat. dodatkowe | tempo | Netto | Brutto | kara | Wynik | |
|---------------|-----------------|----------------------------|-------------------------------------|------|-----|------|----------------|-------|---------------------------|-------------|----------|----------|---------|
| 7,5 km | | | | | | | | | | | | | |
| 96 | 577 | Blaszowski Krzysztof | (Poznań) | I | 96 | M | 38. (M50-59 | 9) | 8:32 min/km | 01:04:03 | 01:04:17 | 1:04:17 | |
| 97 | 670 | Gluszyński Leszek | (Pałędzie) | I | 97 | M | 39. (M60-69 | 9) | Gmina. (8M) | 8:32 min/km | 01:04:05 | 01:04:17 | 1:04:17 |
| 98 | 587 | Krok Agnieszka | KGW Kobiety Dąbrówki (Dąbrówka) | I | 98 | K | 59. (K40-49 | 21) | Miasto. (4K) Gmina. (19K) | 8:32 min/km | 01:04:04 | 01:04:19 | 1:04:19 |
| 99 | 561 | Pietrzak Magdalena | (Dąbrówka) | I | 99 | K | 60. (K40-49 | 22) | Gmina. (20K) | 8:34 min/km | 01:04:20 | 01:04:39 | 1:04:39 |
| 100 | 553 | Sowińska Grażyna | Marsz Po Zdrowie (Poznań- Skórzewo) | I | 100 | K | 61. (K60-69 | 6) | Gmina. (24K) | 8:37 min/km | 01:04:42 | 01:04:44 | 1:04:44 |
| 101 | 603 | Sieracki Dominik | (Adamowo) | I | 101 | M | 40. (M20-29 | 2) | | 8:36 min/km | 01:04:36 | 01:04:47 | 1:04:47 |
| 102 | 641 | Czekalska-Fiebich Kinga | Team: Gmina Dopiewo - Fajnie tu być | I | 102 | K | 62. (K40-49 | 23) | Gmina. (25K) | 8:37 min/km | 01:04:44 | 01:04:53 | 1:04:53 |
| 103 | 678 | Gluz Janusz | (Xxxx) | I | 103 | M | 41. (M60-69 | 10) | | 8:37 min/km | 01:04:42 | 01:04:56 | 1:04:56 |
| 104 | 584 | Bąkowska-Waldmann Edyta | KGW Kobiety Dąbrówki (Dąbrówka) | I | 104 | K | 63. (K30-39 | 5) | Miasto. (5K) Gmina. (22K) | 8:37 min/km | 01:04:39 | 01:04:56 | 1:04:56 |
| 105 | 562 | Dembińska Izabela | (Dąbrówka) | I | 105 | K | 64. (K40-49 | 24) | Gmina. (21K) | 8:37 min/km | 01:04:38 | 01:04:58 | 1:04:58 |
| 106 | 541 | Rychter Alicja | (Dąbrówka) | I | 106 | K | 65. (K30-39 | 6) | Gmina. (23K) | 8:37 min/km | 01:04:39 | 01:04:58 | 1:04:58 |
| 107 | 570 | Gryśka Katarzyna | (Pałędzie) | I | 107 | K | 66. (K40-49 | 25) | Gmina. (26K) | 8:39 min/km | 01:04:57 | 01:05:04 | 1:05:04 |
| 108 | 634 | Palicki Michał | Fundacja Soda (Żnin) | I | 108 | M | 42. (M40-49 | 9) | | 8:39 min/km | 01:04:57 | 01:05:07 | 1:05:07 |
| 109 | 651 | Gielda Karolina | Paniusie (Poznań) | I | 109 | K | 67. (K40-49 | 26) | | 8:40 min/km | 01:05:03 | 01:05:11 | 1:05:11 |
| 110 | 667 | Pażucha Agata | Napędzany pierogami (Lusówko) | I | 110 | K | 68. (K40-49 | 27) | | 8:39 min/km | 01:04:57 | 01:05:12 | 1:05:12 |
| 111 | 673 | Zakrzewska Katarzyna | #MYteam (Pałędzie) | I | 111 | K | 69. (K40-49 | 28) | Gmina. (27K) | 8:40 min/km | 01:05:04 | 01:05:19 | 1:05:19 |
| 112 | 586 | Lukosz Grazyna | Kgw (Dabrowka) | I | 112 | K | 70. (K40-49 | 29) | Miasto. (6K) Gmina. (28K) | 8:41 min/km | 01:05:11 | 01:05:28 | 1:05:28 |
| 113 | 512 | Szymański Waldemar | (Dopiewiec) | I | 113 | M | 43. (M50-59 | 10) | Miasto. (3M) Gmina. (9M) | 8:43 min/km | 01:05:29 | 01:05:29 | 1:05:29 |
| 114 | 669 | Ratajczak Anna | (Dąbrówka) | I | 114 | K | 71. (K50-59 | 21) | Miasto. (7K) Gmina. (29K) | 8:42 min/km | 01:05:19 | 01:05:30 | 1:05:30 |
| 115 | 671 | Gluszyńska Agata | (Pałędzie) | I | 115 | K | 72. (K50-59 | 22) | Gmina. (30K) | 8:42 min/km | 01:05:21 | 01:05:30 | 1:05:30 |
| 116 | 576 | Rosolowska-Filipek Halina | (Lusowo) | I | 116 | K | 73. (K50-59 | 23) | | 8:44 min/km | 01:05:37 | 01:05:37 | 1:05:37 |
| 117 | 630 | Remiszewska Magdalena | (Lisówki) | I | 117 | K | 74. (K50-59 | 24) | Gmina. (31K) | 8:43 min/km | 01:05:29 | 01:05:39 | 1:05:39 |
| 118 | 620 | Zawisła Stanisław | Marsz Po Zdrowie (Plewiska) | I | 118 | M | 44. (M70+ | 7) | | 8:45 min/km | 01:05:38 | 01:05:43 | 1:05:43 |
| 119 | 639 | Plewińska Patrycja | Team: Gmina Dopiewo - Fajnie tu być | I | 119 | K | 75. (K30-39 | 7) | Gmina. (32K) | 8:49 min/km | 01:06:14 | 01:06:33 | 1:06:33 |
| 120 | 582 | Białas Karolina | ZSS103 Poznań (Skórzewo) | I | 120 | K | 76. (K40-49 | 30) | Gmina. (33K) | 8:51 min/km | 01:06:24 | 01:06:34 | 1:06:34 |
| 121 | 579 | Szerfenberg-Bukowska | ZSS103 (Poznań) | I | 121 | K | 77. (K50-59 | 25) | | 8:51 min/km | 01:06:26 | 01:06:34 | 1:06:34 |
| 122 | 637 | Michałowska Patrycja | Team: Gmina Dopiewo - Fajnie tu być | I | 122 | K | 78. (K30-39 | 8) | Gmina. (34K) | 8:51 min/km | 01:06:25 | 01:06:44 | 1:06:44 |
| 123 | 616 | Ronij Anna | Petarda (Przeźmierowo) | I | 123 | K | 79. (K40-49 | 31) | | 8:51 min/km | 01:06:25 | 01:06:48 | 1:06:48 |
| 124 | 594 | Majek Małgorzata | (Dąbrówka) | I | 124 | K | 80. (K50-59 | 26) | Miasto. (8K) Gmina. (35K) | 8:53 min/km | 01:06:44 | 01:06:49 | 1:06:49 |
| 125 | 617 | Sendyka Natalia | Petarda (Poznań) | I | 125 | K | 81. (K40-49 | 32) | | 8:51 min/km | 01:06:24 | 01:06:50 | 1:06:50 |
| 126 | 654 | Maciak Dorota | (Dąbrówka) | I | 126 | K | 82. (K70+ | 4) | Gmina. (37K) | 8:55 min/km | 01:06:58 | 01:06:58 | 1:06:58 |
| 127 | 662 | Horoszkiewicz Anna | (Dąbrowa) | I | 127 | K | 83. (K40-49 | 33) | Gmina. (36K) | 8:55 min/km | 01:06:56 | 01:06:58 | 1:06:58 |
| 128 | 681 | Konieczna Mariola | STĘSZEW TEAM (Trzebaw) | I | 128 | K | 84. (K60-69 | 7) | | 8:58 min/km | 01:07:15 | 01:07:20 | 1:07:20 |
| 129 | 548 | Henschke Dorota | Prezent Świąteczny (Skórzewo) | I | 129 | K | 85. (K40-49 | 34) | Gmina. (38K) | 8:57 min/km | 01:07:11 | 01:07:23 | 1:07:23 |
| 130 | 569 | Gryśka Rafał | (Pałędzie) | I | 130 | M | 45. (M40-49 | 10) | Gmina. (10M) | 8:58 min/km | 01:07:21 | 01:07:29 | 1:07:29 |
| 131 | 629 | Zawiślak Katarzyna | UNILEVER TEAM (Miękowo) | I | 131 | K | 86. (K50-59 | 27) | | 8:56 min/km | 01:07:07 | 01:07:30 | 1:07:30 |
| 132 | 635 | Krawczyńska Joanna | Team: Gmina Dopiewo - Fajnie tu być | I | 132 | K | 87. (K50-59 | 28) | Miasto. (9K) Gmina. (39K) | 8:58 min/km | 01:07:19 | 01:07:40 | 1:07:40 |
| 133 | 505 | Angielczyk Małgorzata | Zielone Groszki (Poznań) | I | 133 | K | 88. (K70+ | 5) | | 9:01 min/km | 01:07:44 | 01:07:50 | 1:07:50 |
| 134 | 589 | Robak Maria | (Dąbrówka) | I | 134 | K | 89. (K30-39 | 9) | Miasto. (10K) Gmina. | 9:04 min/km | 01:08:03 | 01:08:07 | 1:08:07 |
| 135 | 591 | Soboń Karol | (Domaszków) | I | 135 | M | 46. (M30-39 | 3) | | 9:10 min/km | 01:08:46 | 01:08:52 | 1:08:52 |
| 136 | 590 | Jaśkiewicz-Soboń Katarzyna | (Domaszków) | I | 136 | K | 90. (K30-39 | 10) | | 9:10 min/km | 01:08:49 | 01:08:57 | 1:08:57 |
| 137 | 655 | Sklorz Magdalena | (Zakrzewo) | I | 137 | K | 91. (K40-49 | 35) | Gmina. (41K) | 9:11 min/km | 01:08:57 | 01:09:03 | 1:09:03 |
| 138 | 687 | Golczak Małgorzata | (Plewiska) | I | 138 | K | 92. (K50-59 | 29) | | 9:10 min/km | 01:08:45 | 01:09:06 | 1:09:06 |
| 139 | 599 | Jadowski Dariusz | (Dopiewo) | I | 139 | M | 47. (M60-69 | 11) | Gmina. (11M) | 9:12 min/km | 01:09:05 | 01:09:07 | 1:09:07 |
| 140 | 691 | Koska Maciej | (Dąbrowa) | I | 140 | M | 48. (M50-59 | 11) | Gmina. (12M) | 9:15 min/km | 01:09:22 | 01:09:42 | 1:09:42 |
| 141 | 563 | Kleszcz Jolanta | (Podolizny) | I | 141 | K | 93. (K60-69 | 8) | Gmina. (42K) | 9:17 min/km | 01:09:40 | 01:09:48 | 1:09:48 |
| 142 | 653 | Kozicka Barbara | (Dopiewo) | I | 142 | K | 94. (K20-29 | 4) | Gmina. (43K) | 9:17 min/km | 01:09:41 | 01:09:49 | 1:09:49 |
| 143 | 523 | Napierała Beata | (Dąbrówka) | I | 143 | K | 95. (K50-59 | 30) | Gmina. (45K) | 9:20 min/km | 01:10:04 | 01:10:08 | 1:10:08 |
| 144 | 665 | Fabian Agnieszka | (Skórzewo) | I | 144 | K | 96. (K50-59 | 31) | Gmina. (44K) | 9:20 min/km | 01:10:04 | 01:10:08 | 1:10:08 |
| 145 | 693 | Michalska Marta | (Lusowo) | I | 145 | K | 97. (K40-49 | 36) | | 9:22 min/km | 01:10:20 | 01:10:30 | 1:10:30 |
| 146 | 675 | Bącler Katarzyna | COLAS MOVE (Pałędzie) | I | 146 | K | 98. (K50-59 | 32) | Gmina. (47K) | 9:22 min/km | 01:10:21 | 01:10:30 | 1:10:30 |
| 147 | 578 | Szymczak Anna | (Skórzewo) | I | 147 | K | 99. (K70+ | 6) | Gmina. (46K) | 9:22 min/km | 01:10:21 | 01:10:30 | 1:10:30 |
| 148 | 618 | Cugier Agnieszka | (Rydzyńska) | I | 148 | K | 100. (K40-49 | 37) | Niepeł.(1K) | 9:26 min/km | 01:10:52 | 01:10:57 | 1:10:57 |
| 149 | 525 | Krzywińska Maria Jolanta | Babcie Biegają (Leszno) | I | 149 | K | 101. (K60-69 | 9) | | 9:26 min/km | 01:10:51 | 01:10:57 | 1:10:57 |
| 150 | 627 | Wicijowska Krzysztof | (Nowe Miasto Nad Wartą) | I | 150 | M | 49. (M60-69 | 12) | | 9:27 min/km | 01:10:53 | 01:11:16 | 1:11:16 |
| 151 | 683 | Andrzejewska Sylwia | (Skórzewo) | I | 151 | K | 102. (K50-59 | 33) | Gmina. (50K) | 9:31 min/km | 01:11:23 | 01:11:28 | 1:11:28 |
| 152 | 544 | Rębacz Aleksandra | (Dopiewo) | I | 152 | K | 103. (K30-39 | 11) | Gmina. (49K) | 9:30 min/km | 01:11:19 | 01:11:34 | 1:11:34 |
| 153 | 571 | Fajfer-Jakubek Monika | (Dopiewo) | I | 153 | K | 104. (K40-49 | 38) | Gmina. (48K) | 9:30 min/km | 01:11:18 | 01:11:34 | 1:11:34 |
| 154 | 652 | Majka Joanna | (Dąbrowa) | I | 154 | K | 105. (K40-49 | 39) | Gmina. (51K) | 9:32 min/km | 01:11:30 | 01:11:42 | 1:11:42 |
| 155 | 550 | Gawron Dorota | (Skórzewo) | I | 155 | K | 106. (K40-49 | 40) | Gmina. (53K) | 9:33 min/km | 01:11:40 | 01:11:44 | 1:11:44 |
| 156 | 558 | Kopka Matouszek Agnieszka | (Poznań) | I | 156 | K | 107. (K40-49 | 41) | | 9:32 min/km | 01:11:32 | 01:11:45 | 1:11:45 |
| 157 | 536 | Troszczyńska-Fludra | (Skórzewo) | I | 157 | K | 108. (K40-49 | 42) | Gmina. (52K) | 9:32 min/km | 01:11:32 | 01:11:45 | 1:11:45 |
| 158 | 611 | Kwaśnik Anna | (Więckowice) | I | 158 | K | 109. (K40-49 | 43) | Gmina. (55K) | 9:35 min/km | 01:11:58 | 01:12:09 | 1:12:09 |
| 159 | 612 | Kasprzyk Violetta | (Więckowice) | I | 159 | K | 110. (K50-59 | 34) | Gmina. (54K) | 9:35 min/km | 01:11:58 | 01:12:09 | 1:12:09 |
| 160 | 672 | Rydzyńska Dorota | (Cedrowa 7/2) | I | 160 | K | 111. (K60-69 | 10) | Miasto. (11K) Gmina. | 9:36 min/km | 01:12:02 | 01:12:14 | 1:12:14 |
| 161 | 636 | Kępa Klaudia | Team: Gmina Dopiewo - Fajnie tu być | I | 161 | K | 112. (K30-39 | 12) | | 9:36 min/km | 01:12:05 | 01:12:25 | 1:12:25 |
| 162 | 547 | Tomaszyk Mikołaj | (Luboń) | I | 162 | M | 50. (M40-49 | 11) | | 9:36 min/km | 01:12:07 | 01:12:25 | 1:12:25 |
| 163 | 685 | Przybylska Anna | Park w Dabrowce (Konarzewo) | I | 163 | K | 113. (K40-49 | 44) | Gmina. (57K) | 9:36 min/km | 01:12:04 | 01:12:25 | 1:12:25 |
| 164 | 585 | Bartz Katarzyna | KGW dąbrowka (Dąbrowka) | I | 164 | K | 114. (K40-49 | 45) | Miasto. (12K) Gmina. | 9:40 min/km | 01:12:31 | 01:12:50 | 1:12:50 |
| 165 | 600 | Bereś Sylwia | (Pałędzie) | I | 165 | K | 115. (K40-49 | 46) | Gmina. (59K) | 9:41 min/km | 01:12:38 | 01:12:54 | 1:12:54 |
| 166 | 598 | Jadowska Katarzyna | (Dopiewo) | I | 166 | K | 116. (K50-59 | 35) | Gmina. (60K) | 9:43 min/km | 01:12:54 | 01:12:57 | 1:12:57 |
| 167 | 638 | Molęda Ewa | Team: Gmina Dopiewo - Fajnie tu być | I | 167 | K | 117. (K40-49 | 47) | Gmina. (61K) | 9:44 min/km | 01:13:04 | 01:13:13 | 1:13:13 |
| 168 | 640 | Woroch Maria | Team: Gmina Dopiewo - Fajnie tu być | I | 168 | K | 118. (K30-39 | 13) | Gmina. (62K) | 9:46 min/km | 01:13:15 | 01:13:15 | 1:13:15 |
| 169 | 530 | Skowrońska Katarzyna | (Dopiewiec) | I | 169 | K | 119. (K60-69 | 11) | Gmina. (63K) | 9:47 min/km | 01:13:28 | 01:13:42 | 1:13:42 |
| 170 | 608 | Wiechciński Bartosz | (Konarzewo) | I | 170 | M | 51. (M40-49 | 12) | Gmina. (14M) | 9:55 min/km | 01:14:24 | 01:14:48 | 1:14:48 |
| 171 | 609 | Nowaczyk Tomasz | (Konarzewo) | I | 171 | M | 52. (M40-49 | 13) | Gmina. (13M) | 9: | | | |

| Nr. | Imię i nazwisko | Klub | OPEN | Płeć | M | Kat. | kat. dodatkowe | tempo | Netto | Brutto | kara | Wynik |
|---------------|------------------|--------------------------|------|------|------|--------|----------------|--------------|----------|----------|------|---------|
| 7,5 km | | | | | | | | | | | | |
| 191 506 | Owczarek Henryka | Zielone Groszki (Poznań) | I | K | 135. | (K70+ | 7) | 11:14 min/km | 01:24:18 | 01:24:41 | | 1:24:41 |

Liczba zawodników: 191